

# C Licence

Program



**BC SOCCER**



# Canada Soccer C Licence Program

The C Licence workshop is the entry level course for the Licensing Stream pathway and prepares the coach to progress to the Development Stream (Children), Development Stream (Youth) or Performance Stream (Senior). The C Licence involves the facilitation of learning opportunities for the coach to develop an understanding of the coaching process and includes the following:

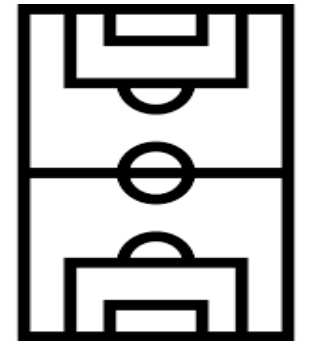
**4-day in-person workshop 100% attendance**

**Classroom lecture presentations and group work participation**



**Individual assignments and on-field practical work**

**Demonstration of competency (evaluation)**



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The C Licence content involves theoretical and practical components focusing on holistic, effective coaching. The workshop covers (8) eight modules including:

M1. Course Outcomes & the Role of the Coach

M2. Understanding the Game

M3. Session Design, Coaching Styles and Learning Outcome

M4. Warm-Up & the Role of the Goalkeeper

M5. 1 v 1 Attacking Skills

M6. 1 v 1 Defending Skills

M7. The 4 Moment Player

M8. Observation of Competency