



# HIGH PERFORMANCE LICENSE

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# **1. Introduction**

## **a. Background**

High performance soccer in British Columbia is defined by the Long Term Player Development aligned pathway that is player-centered and coach-led with optimal support to enable players to convert toward Canada Soccer National Team Programming.

The identified environments within BC's high performance stream are the EA Sports BC Soccer Premier League, BC Soccer High Performance Program (HPP), Vancouver Whitecaps FC Male Residency and Female REX Program and Canadian Soccer Association National Teams Program; all of which work together in partnership to deliver high performance programming.

The introduction of the BC Soccer High Performance License (HP License) comes after the Governance and Structural Review of the EA SPORTS BC Soccer Premier League, which took place in 2015. This third party review brought with it various recommendations, including restructuring the BCSPL technical Committee to have a larger voice in the decision making within the overall league and a direct report mechanism into BC Soccer High Performance Soccer Development Committee.

Further, the HP License builds on the 2014 BC Soccer Two Year Technical Review of the EA SPORTS BC Soccer Premier League and the 2016 BCSPL Consultation process and is designed in partnership with the Canadian Soccer Association, the Vancouver Whitecaps FC and the founding Eight BCSPL Franchise Clubs.

## **b. Purpose**

The BC Soccer High Performance License is a free service designed to assist and support all the BCSPL Franchise Clubs in maintaining and enhancing high performance technical standards, that promotes a player first mentality, supports the Canada Soccer Association's Long Term Player Development Model and provides a clear and recognised pathway for player development and identification within British Columbia.

The HP License will be an extension of the BC Soccer Club Charter Program, solely for BCSPL Franchise Clubs. Franchise Clubs within the BCSPL will have to uphold to the higher Club Charter standard available as well as adhere to the High Performance License Criteria, which includes further development of Technical Standards.



## **2. HP License Criteria**

### **a. BC Soccer High Performance License**

The BC SPL Franchise Clubs will have to adhere to the highest available standard of the BC Soccer Club Charter Program across Governance, Administration and Technical as well as the BC Soccer High Performance License.

#### **Franchise Club Development**

The Club demonstrates that:

- It holds semi-annual Club Partnership Meetings throughout the calendar year.
- It holds annual Player Intake Meetings and BC Soccer are invited to present BC Soccer's High Performance Programming content.

#### **Player Development**

The Club's Player Development Program adheres to the:

- BC Soccer Club Program Overview.
- BC Soccer Annual Plan.
- BC Soccer Game Model.
- BC Soccer Curriculum.
- BC Soccer Periodization Plan.
- BC Soccer Player Profiles.
- BC Soccer 4-Corner Support Policies.

#### **Coach Development**

The Club demonstrates that:

- The Team Head Coach, Team Assistant Coach and Goalkeeper Coach adhere to the BC Soccer Coach Profile.
- All Team Head Coaches are 'B' National certified within 6 months of their appointment.
- Either the Team Head Coach or the Team Assistant Coach have completed the FIFA 11+ course.
- All Team Head Coaches attend the scheduled BC Soccer High Performance Workshops.
- The Technical Director attends the scheduled BC Soccer High Performance Workshops.
- It will provide an 'Active Start' community coaching course for all U17 and U18 male and female BC SPL players.

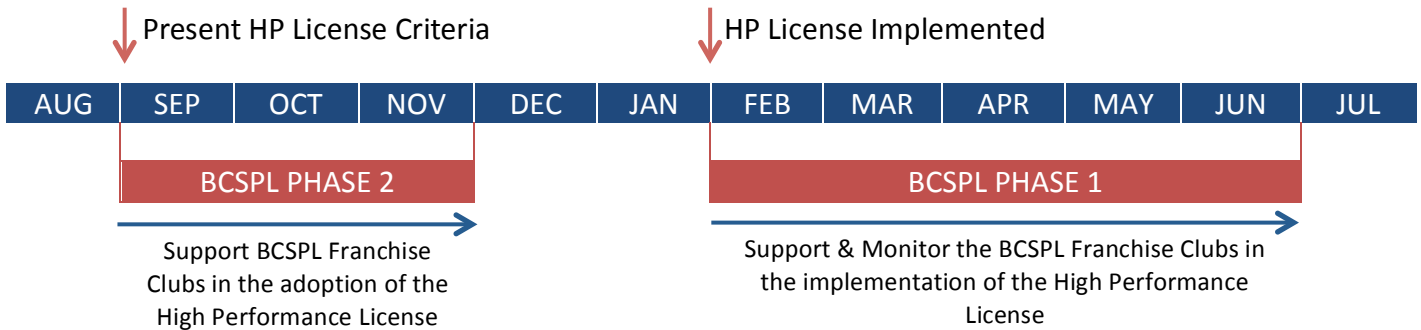
*\* Criteria to be reviewed on an annual basis by the BC Soccer, Soccer Development Department.*



### 3. HP License Implementation

#### a. Timeline

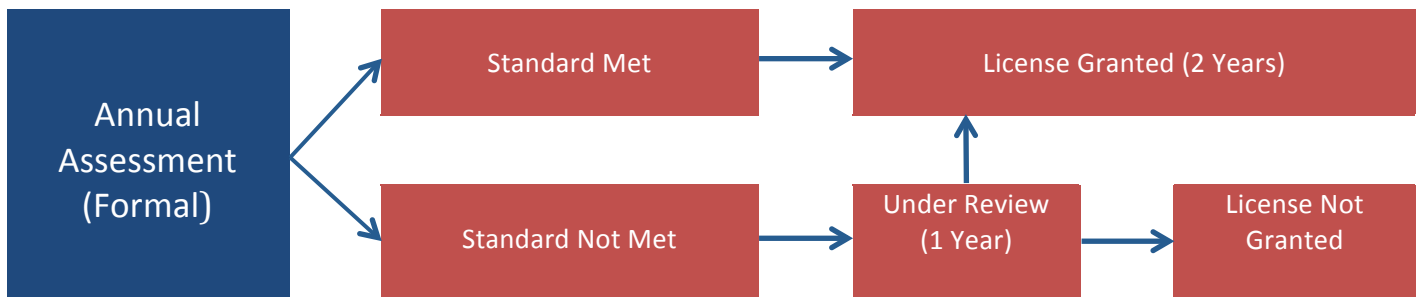
The HP License Criteria will be presented to the BC SPL Franchise Clubs during the beginning of Phase 2 of the 2016 BC SPL season. Phase 2 will be used for the BC SPL Franchise Clubs to adopt the BC Soccer High Performance License criteria. During this time BC Soccer will support the BC SPL Franchise Clubs in the adoption of the HP License criteria. This should provide adequate time for the BC SPL Franchise Clubs in meeting the criteria for the full implementation of the License for the start of Phase 1 of the 2017 BC SPL season. This is outlined in a visual timeline chart below.



#### b. Franchise Club Assessment Process

BC Soccer will quality assess each BC SPL Franchise Clubs against their delivery of the High Performance License Criteria in order to support and monitor the implementation of the High Performance License. The Quality Assurance will be an on-going process of the HP License and will include one formal annual assessment and several informal assessments during the calendar year to determine the current status of the Franchise Club.

The HP License will be granted for a Two Year period, if a Franchise Club does not meet the standard then they will be placed 'under review' for a One Year period. During this period BC Soccer will support the Franchise Club in meeting the standard for their annual assessment. If a Franchise Club does not meet the standard during their Formal Audit in the 'Under review' Stage, the Franchise Clubs License will not be renewed. The first Audit to determine the existing BC SPL franchises status will be conducted during the 2017 Phase 1 BC SPL season. This process is outlined in a visual Flowchart below.



## 4. HP License Service

### a. Franchise Club Support

BC Soccer will provide on-going support to assist the BC SPL Franchise Clubs in meeting and maintaining the technical criteria of the License including providing supportive technical resources, supporting platforms and the support of the BC Soccer High Performance Staff.

### b. Technical Resource Support

- **BC Soccer Franchise Club Program Overview**

The Program overview provides the minimum standards of contact time the BC SPL clubs must provide for player development through the calendar year, it targets what the Clubs, daily, weekly and monthly program should include.

- **BC Soccer Annual Plan**

The Annual Plan sets out the appropriate training and competition standards through Phase One and Phase Two of the BC SPL and incorporates the following:

- BC SPL Competition Schedule
- BC Soccer High Performance Programming
- Vancouver Whitecaps FC Residency Programming
- Vancouver Whitecaps FC Elite BC REX Programming
- Canada National Team Programming

- **BC Soccer Curriculum**



Designed in consultation with the Canadian Soccer Association and the Vancouver Whitecaps FC, the Curriculum will provide an overview of the Moments of the Game, Phases and Principles of the Game, which should be the focus for the BC SPL Franchise Clubs to implement within their programming.



- **BC Soccer Session Plans**

To implement the BC Soccer Curriculum, BC Soccer will provide session plan guidelines, session plan examples as well as a platform for the coaches to design and share their session plans within their Franchise club.

- **BC Soccer Game Model**

The Game Model will be implemented during the competition platform of the BCSPL and highlights the desired actions and outcomes when teams are in and out of possession dependent upon the moment and phase of the game.

- **BC Soccer Periodization Plan**

The Periodization Plan will provide a good practice guideline for the physical well being of the player as it relates to the workload that the BCSPL Annual Plan requires the Franchise Clubs to implement within a week, month and year.

- **BC Soccer Player Profiles**

A position specific player profile outline will be provided to assist clubs and team coaches in identifying the desired BC Soccer, Canada Soccer Association and Vancouver Whitecaps FC player characteristics to focus on when developing players within the BCSPL.

- **BC Soccer Coach Profiles**

A Coach profile will be provided to assist coaches with maintaining and meeting High Performance Coaching standards as well as used as an identification tool for coaches to progress into the BC Soccer High Performance Program and beyond.

- **BC Soccer Four-Corner Support**

As well as the physical loading monitoring within the Periodization Plan, further support will be provided across physical and mental development, including Health & Safety good practice guidelines.

- **BC Soccer Platform Support**

Platforms used to support the BCSPL Franchise Clubs include:

File Hosting Service - BC Soccer will provide a central hub for each club as the platform to share the BC Soccer Technical Resources and for the BCSPL clubs to demonstrate that they are implementing the High Performance License criteria.



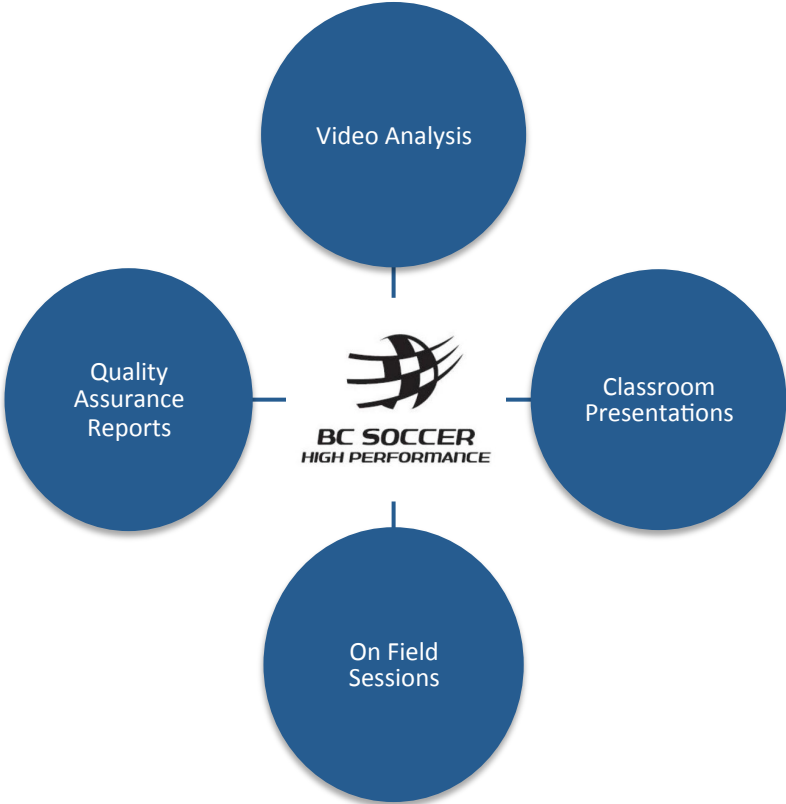
Session Planner Program - To assist the Clubs in delivering the BC Soccer curriculum, BC Soccer will provide each Club with the Sport Session Planner design program. The program will allow BC SPL Coaches to design their session plans and store them within a database.

Video Analysis - To further support High Performance development will have access to match footage, this will assist the Franchise Clubs in the implementation of the HP License and used by BC Soccer to assist in quality assuring Franchise Clubs. It will also be used to assist BC SPL Franchise Clubs to promote the BC Soccer Game Model.

**c. BC Soccer High Performance Staff Support**

The BC Soccer High Performance Staff will provide on-going support to the BC SPL Franchise Clubs to assist them in meeting and maintaining the HP License Criteria as well as performing the informal and formal Assessments.

- **On-Going Support Examples**





## 5. Supporting Statements

### **Kjeld Brodsgaard**

*President*

BC Soccer Association



*“We are really happy to be able to introduce the new BC Soccer High Performance License which follows the recently released Club Charter Program. As we strive toward higher technical standards throughout Grassroots and High Performance soccer in British Columbia we look forward to introducing this new License to the BC SPL franchise clubs and working with them in the coming months and years to implement it.”*

### **Carlos Grosso**

*Director*

High Performance Chair

BC Soccer Association



*“The High Performance License will provide player’s and parents the assurance that BC SPL franchise clubs are delivering their programming to the agreed standards which are aligned with Canada Soccer and the Whitecaps FC. The set standards will challenge clubs to raise their programming and not all are easily achievable. We truly look forward to supporting each BC SPL franchise club through the implementation and monitoring process as we work to ensure all standards are met and kept.”*

### **Alex Barnettson**

*President*

BC SPL



*“The High Performance License shows the commitment that BC SPL clubs have to players, parents, coaches, the game and their fellow PL clubs, as it establishes a baseline operating standard for high performance development. Playing in the BC SPL is the recognized environment for players to maximize their development with visions of progressing into college and university; and potentially professional and national team opportunities.”*



## **Chris Cerroni**

*Director of Soccer Development*

BC Soccer Association



*“The BC Soccer High Performance License further demonstrates the commitment to high performance player and coach development by the founding BCSPL franchise Clubs. It is the responsibility of BC Soccer and the BCSPL to provide the highest possible standards of technical programming for players that aspire to graduate into the Vancouver Whitecaps FC Residency program or the Vancouver Whitecaps FC Elite REX in Partnership with BC Soccer program and ultimately into national team programming.”*

## **Tony Fonseca**

*Technical Director*

Canada Soccer Association



*“Aligning the development of athletes at the grassroots level with the outcomes expected at the high performance level is crucial to lead Canada to success on the pitch. The new Technical Standards required to participate within the BCSPL is making sure coaches and clubs have the appropriate resources, and understand that they are part of a coordinated system. By linking coaches and athletes, it is Canadian soccer overall that benefits.”*

## **Craig Dalrymple**

*Residency Director*

Vancouver Whitecaps FC Residency



*“I would like to congratulate the BCSPL technical leaders, BC Soccer, and the CSA for this tremendous initiative. For us to collectively develop the high performance stream in the country then we must find ways to critically evaluate ourselves, develop action plans to improve ourselves, and ultimately raise the overall standards. The High Performance License will help us achieve this.”*

## **Emma Humphries**

*Head Coach*

Vancouver Whitecaps FC Elite REX in Partnership with BC Soccer



*“Building on the great work since the inception of the BCSPL, the BC Soccer High Performance License will provide further alignment to raise the technical standards within the League. This will better equip talented players with the tools required for their journey towards the Vancouver Whitecaps FC Girls Elite REX Program in partnership with BC Soccer”*



## 7. Acknowledgments

- **Canada Soccer Association**
- **Vancouver Whitecaps FC**
- **BCSPL Franchise Clubs**
  - Coastal FC
  - Coquitlam Metro Ford SC
  - Fraser Valley Premier FC
  - Fusion FC
  - Mountain United FC
  - Surrey United SC
  - Thompson Okanagan FC
  - Vancouver Island Wave

